



CSG — An Official Spravato® Treatment Center

Spravato™
(esketamine) 
nasal spray



When depression continues despite treatment, it can be difficult to know what to try next. Spravato® (esketamine) is a prescription nasal spray used to treat certain adults with treatment-resistant depression and may be an option when traditional antidepressant treatments haven't provided enough relief.

As an official Spravato® Treatment Center, CSG provides this treatment in a supportive, clinically supervised setting as part of a comprehensive mental health treatment plan.

What Is Spravato®?

Spravato® is a prescription medication administered as a nasal spray under the supervision of a healthcare professional. Unlike traditional antidepressants, which can take several weeks to have an effect, Spravato® works through a different pathway in the brain and may provide relief for some people sooner. Spravato® may be considered for adults who:

- Have been diagnosed with treatment-resistant depression
- Have tried other antidepressant treatments without adequate improvement
- Are looking for additional treatment options
- Are appropriate candidates based on an evaluation by a qualified healthcare professional

Spravato® treatment takes place under the supervision of trained healthcare professionals. Your care team will evaluate whether Spravato® is appropriate for you and monitor you during each treatment session.

Because Spravato® can cause temporary side effects such as dizziness, sedation, or changes in perception, patients are monitored after treatment and must arrange for someone to drive them home.

Spravato® is not right for everyone. Our team can help you understand whether it may be an appropriate option based on your individual needs and treatment history.

If traditional treatment hasn't provided the relief you hoped for, that doesn't mean you've run out of options. Talk with your provider about Spravato® and learn whether this treatment may be right for you.

CSG Spravato® treatment center location: 1902 Olde Homestead Lane, Lancaster, PA 17601

For more information on CSG services, call 877-907-7970 or visit csgonline.org