



A Welcoming Community...

Tempo Clubhouse is an inclusive community where people recovering from mental illness can find hope, belonging, and opportunities for personal growth.

Through membership at the Clubhouse, people receive the support, resources, and opportunities to reach their full potential.



What We Do.

The Clubhouse is a psychiatric and vocational rehabilitation program for adults. Members of the Clubhouse participate in the operation and decision-making of the Clubhouse alongside staff through a structure we call the “work-ordered day”. This active participation provides opportunities to regain a sense of self-worth, purpose, and confidence. We also offer opportunities for members to obtain paid employment in community work settings and provide assistance to those who want to further their education. All activities, participation, and attendance is based on individual choice and preferences.

How It Works.

Our work-ordered day consists of **meaningful skill-driven tasks** designed to **foster teamwork, encourage new experiences, and build self-confidence**. By working together, members can gain skills that are useful for **finding and maintaining employment** as well as **gaining more independence** in their daily lives. We are also open one evening a week for **recreational activities** and on **all major holidays**.

Accessing Services.

- **Who is eligible for Clubhouse membership?** *Membership is open to anyone 18 or older, living in Lancaster county, and has been diagnosed with a mental illness. Tempo accepts Medicaid insurance and/or funding support through LCBHDS.*
- **How to get started?** *Call (717) 392-2300 for more information and to set up a tour.*



Community
Services Group

Visit: www.csgonline.org
Call: 877-907-7970

50 YEARS



Tempo Clubhouse

You are NOT alone.

The Clubhouse Model, which is used internationally and is an evidence-based practice, is built on the idea that reducing social isolation is critically important to mental health recovery. Membership at the Clubhouse is voluntary and without time limits. When you join, you become a member of a community and you will always have people to support you.

You have choices.

At Tempo, you choose how often you attend, what you do during your visit, the goals you work on, and the staff you work with. You set the pace of your own recovery, all within a supportive, friendly, and welcoming environment. You choose the level of support and services most helpful to you as you grow and build confidence.

You CAN reach your goals.

Tempo provides individualized support services for those who are seeking employment or educational opportunities. Each member works with a staff of their choice to discuss what goals they want to work toward and what resources or support might help them toward achieving their goals.

Contact Us

Location

1861 Charter Lane #118
Lancaster, PA 17601

Hours of Operation

Monday - Friday: 8AM - 4PM

Phone | Email

717-392-2300
tempo@csgonline.org



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