

## IDD Exposure Response Plan

### •DEFINING EXPOSURE or “close contact”

- Close contact is being within 6 feet of an infected person for a total of 15 minutes or more over a 24-hour period.
- Wearing a mask of any kind while in close contact does not exempt the person from being considered exposed.
- An infected person can spread COVID-19 starting from 2 days before they have any symptoms (or, if they are asymptomatic, 2 days before their specimen that tested positive was collected).
- Staff are taken at their word if they report a positive rapid covid test, which is commonly referred to as an “at-home” test.

### •GENERAL MASKING

- Staff should wear a mask anytime an individual requests it.
- Staff may wear a mask anytime they prefer.
- In certain circumstances or when community levels rise, PDs can determine that all staff wear surgical masks as an added precaution. There may be some locations where this is warranted while not at other locations.
- If staff are unable to wear a respirator mask at locations that require it due to a medical condition, they must be reassigned. In these circumstances, we should have a note from the staff member’s PCP.

### •WHEN TO TEST

1. A team review of situation specific details should determine if a potential exposure is considerable and requires testing to be initiated.

*Examples:* multiple staff with direct, prolonged contact - multiple people with explicit symptoms - individuals with compromised immune system/high risk, etc.

2. If the team determines that covid testing is not needed due to low/minimal risk, staff are still required to wear a KN95 for 5 days following the potential exposure.
3. Testing must be initiated if an individual residing in the home tests positive.

### **If testing is initiated:**

1. Contact tracing will determine staff/individuals who had close contact with the positive person within the last 48 hrs, and those persons are considered potentially exposed.
2. Testing can occur once after the exposure, but if there are additional positive results, it will require an additional round of testing.
3. Full PPE must be worn when working in a home where a covid positive individual lives.

## IDD Residential/ Community-Based Services Prevention Steps (by Community Level)

### LOW / MODERATE

- Face to face meetings and trainings are permitted.
- Masking in residential homes (excluding ICFs) is not required unless there are other circumstances for that particular home.
- COEs and Programs will determine if any additional actions, precautions and/or screening questions are needed.
- Monitor temps for individuals at higher risk.
- Community outings continue, but require safe planning, no limits on the number of people in a vehicle.

\*ICF locations must wear surgical masks regardless of the Community Level and must screen visitors.

### HIGH

- Employees will be expected to wear a quality mask indoors such as a N95 or KN95 mask
- Meetings should be held virtually when possible.
- Physical distancing (6 ft apart) will be encouraged to reduce the risk of close contact with an infected/potentially infection person.
- COEs and Programs will determine if any additional actions, precautions and/or screening questions are needed.
- In-Home Services
  - Resume screening of individuals.
  - Resume screening family members if working in the individual's family home.
  - Communicate with families via telephone before providing in-home services.

### • VACCINATIONS

-In general, being “up-to-date” on COVID-19 vaccinations includes receiving all vaccines as recommended by the CDC.

[https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html?s\\_cid=11737:cdc%20covid%20booster%20shot%20guidelines:sem.ga:p:RG:GM:gen:PTN:FY22](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html?s_cid=11737:cdc%20covid%20booster%20shot%20guidelines:sem.ga:p:RG:GM:gen:PTN:FY22)

## IDD CPS Prevention Steps by Community Level

### LOW / MODERATE

- Masks not required masks are required, unless we know someone is being tested for COVID, and everyone will wear a mask until we know the results of the test.
- If someone tests positive for COVID, all staff and individuals will wear masks for 10 days, starting from either the time the individual or staff member's symptoms started or received the positive test results
- <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html>
- Meetings can be in person
- Continue physical distancing as a good practice

### HIGH

- Masks required at all times in all locations, including the community KN95 or N95 in IDD services
- Social distancing required while in the facility
- Meetings/training should be remote
- Resume screening questions for visitors/vendors including temperature taking
- For IDD Day Services, monitoring (Support Coordination and Behavior Specialists, etc) should be done remotely

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## IDD EMPLOYEE GUIDELINES

### **Covid Positive Staff May Return to Work:**

- At least 5 days have passed since symptoms first appeared (or since the first positive test if asymptomatic).
- At least 24 hours have passed since the last fever without the use of fever-reducing medications.
- Symptoms (e.g-cough, shortness of breath) have improved.

**Staff do not need to quarantine as a result of Covid Exposure unless they develop symptoms.** At that time they may no longer work until they receive test results.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/mitigating-staff-shortages.html>

## IDD GUIDELINES FOR INDIVIDUALS

### **Covid Exposure for Individuals**

- If an individual develops symptoms after a covid exposure, they should be tested.
- Individuals will be encouraged to mask for 5 days.

### **Covid Positive Individuals**

- Individuals should isolate themselves from others in a specified room or area and use a separate bathroom for at least 5 full days.
- If a private BR is not available, the entire bathroom must be disinfected after the positive individual uses it.

[https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fyour-health%2Fquarantine-isolation.html](https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fyour-health%2Fquarantine-isolation.html)

## CSG ICF COVID GUIDELINES

### Individual OR Employee exposure/positive Covid test

#### Complete contact tracing.

- Anyone who had close contact with the positive person within the last 48 hrs should be considered potentially exposed.

#### Covid testing

- All individuals in the home and staff who are determined to have close contact with a covid positive person must be tested.

- All potentially exposed staff/individuals must have 2 negative tests at least 5-6 days apart.

- Testing is not necessary for asymptomatic people who have recovered from SARS-CoV-2 infection in the prior 90 days and/or once a person tests positive during the testing process.

#### PPE

- After an exposure and while serial testing is in process, staff must wear full PPE (KN95/N95, gown, gloves, eye protection) at all times.

- Staff must change gloves and gowns prior to working with the individuals who are not covid positive.

- Families should be notified of quarantine status and potential exposures for their loved one.

### Isolation/Quarantine Guidelines for Individuals

CSG will consider quarantining individuals newly admitted to the facility due to calculated risk factors.

#### Exposure

- Individuals should be placed in **isolation for 7 days following exposure** (day of exposure is day 0) as long as they do not develop symptoms and all testing is negative.
- **If testing is not performed**, patients can be removed from **isolation after day 10** following the exposure if they do not develop symptoms.

#### Positive Test

- At least 10 days have passed since symptoms first appeared; and  
At least 24 hours have passed since last fever without the use of fever-reducing medications; and symptoms (e.g., cough, shortness of breath) have improved.

### Return to Work Guidelines for ICF Employees

- Employees can **return to work after day 7** following the exposure if they do not develop symptoms and test negative.
- If an employee is unable to be tested or wear source control as recommended they may **return to work after day 10** following their exposure.