

IDD Residential/ Community-Based Services Prevention Steps (by Community Level)

LOW	<u>Employees</u>	<u>Individuals</u>
	<ul style="list-style-type: none"> •Masks not required in offices. •Unvaccinated staff should wear masks at all times when working with individuals. •Vaccinated staff should wear masks when in close contact with individuals such as when providing personal care, and when working in homes where an individual has medical conditions associated with higher COVID risk. •Meetings can be in person. 	<ul style="list-style-type: none"> •Masking is not required. •Continue physical distancing as a good practice. •No visitation restrictions or screening questions for visitors/vendors. •Monitor temps for individuals at higher risk. •Community outings continue, but require safe planning, no limits on the number of people in a vehicle.
MEDIUM	<u>Employees</u>	<u>Individuals</u>
	<ul style="list-style-type: none"> •Masks required in offices in common areas •Vaccinated and unvaccinated staff should wear masks when working with individuals except when working in outdoor settings (i.e working with individuals at a community park). •Staff meetings and training can be in person but with a remote option offered. 	<ul style="list-style-type: none"> •Masking is encouraged. •Community outings continue, but still require good planning to be safe. •May want to limit the number of people in a vehicle depending on individuals' health risks.
HIGH	<u>Employees</u>	<u>Individuals</u>
	<ul style="list-style-type: none"> •Masks required at all times in all locations regardless of vaccination status. •In IDD Services, masks must be a KN95 or N95. •Meetings and training should be remote. <p><u>In-Home Services</u></p> <ul style="list-style-type: none"> •Resume screening of individuals. •Resume screening family members if working in the individual's family home. •Communicate with families via telephone before providing in-home services. 	<ul style="list-style-type: none"> •Masking is encouraged. •Resume all screening questions for visitors/vendors including temperature taking. •Visitation depends on team discussion and risk mitigation strategies that can be put in place. •Community outings require risk mitigation plans/team discussion, (individual/family preferences negotiable, including masking).

-[Provider Masking Policies for Home and Community Based Services \(HCBS\), ODP Announcement 22-047](#)

-<https://www.cdc.gov/coronavirus/2019-ncov/community/group-homes.html>

-<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html>

IDD CPS Prevention Steps by Community Level

LOW	<u>Employees</u>	<u>Individuals</u>
	<ul style="list-style-type: none"> ● Masks not required in office setting (not a program setting) ● Unvaccinated staff should wear surgical masks at all times when working ● Vaccinated staff should wear surgical masks when in the CPS Facility Building https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html ● Meetings can be in person ● Continue physical distancing as a good practice 	<ul style="list-style-type: none"> ● No visitation restrictions or screening questions for visitors/vendors ● Community outings continue, but still require good planning to be safe, masking not required, with the exception of while in vehicles. No limits on number of people in a vehicle ● Continue physical distancing as a good practice
MODERATE	<u>Employees</u>	<u>Individuals</u>
	<ul style="list-style-type: none"> ● Surgical or KN95 Mask or N95 masks required in offices in common areas ● Vaccinated and unvaccinated staff should wear masks when working, even when providing services out in the community ● Staff meetings and training can be in person but with remote option offered ● Physical distancing will be required 	<ul style="list-style-type: none"> ● Community outings continue, but still requiring good planning to be safe, masking encouraged, may want to limit number of people in a vehicle depending on individuals' health risks ● Screening questions and temperature readings will be required ● Physical distancing will be required
HIGH	<u>Employees</u>	<u>Individuals</u>
	<ul style="list-style-type: none"> ● Masks required at all times in all locations, including the community KN95 or N95 in IDD services ● Social distancing required while in the facility ● Meetings/training should be remote ● Resume screening questions for visitors/vendors including temperature taking ● For IDD Day Services, monitoring (Support Coordination and Behavior Specialists, etc) should be done remotely 	<ul style="list-style-type: none"> ● Community outings only with risk mitigation plan and team discussion, individual and family preferences to be negotiated, including masking ● Limit the total number of people in a vehicle, to four. This includes staff. ● Screening questions and temperature readings will be required

Website to find out county level:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

IDD Exposure Response Plan

• VACCINATIONS

-The term “fully vaccinated” is now replaced with “up-to-date.” In general, being “up-to-date” on COVID-19 vaccinations includes receiving all vaccines as recommended by the CDC.

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html?s_cid=11737:cdc%20covid%20booster%20shot%20guidelines:sem.ga:p:RG:GM:gen:PTN:FY22

•DEFINING EXPOSURE

-Close contact less than 6 feet away from an infected person for a total of 15 minutes or more over a 24-hour period. **Wearing a mask of any kind while in close contact does not exempt the person from being considered exposed.**

-An infected person can spread COVID-19 starting from 2 days before they have any symptoms (or, if they are asymptomatic, 2 days before their specimen that tested positive was collected).

•SERIAL TESTING

1. Potentially exposed staff/individuals will be tested weekly until no new cases of COVID-19 are identified for at least 14 days from the most recent positive result.

(<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>)

2. If employees choose to be tested elsewhere (not through CSG) for their serial testing, proof of testing with the test results must be provided to CSG. At-home tests will not be accepted instead of participating in serial testing. If staff refuse to complete serial testing, they must quarantine for 10 days.

3. PDs/managers will complete contact tracing to determine who needs testing in the [IDD Serial Testing google sheet](#).

•NOTE ABOUT HOME TESTS

-If an employee develops Covid symptoms and takes an “at-home” test with negative results, CSG requires that a PCR test be performed to confirm that the employee is negative before working.

-Staff are taken at their word if they report a positive “at-home” test.

•NOTE ABOUT MASKING

-Staff should wear a mask anytime an individual requests it.

-If staff are unable to wear a respirator mask due to a medical condition, they must be reassigned so that they are not working in a home where a covid positive individual resides. In these circumstances, we should have a note from the staff member’s PCP.

Website to find out county level:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

EMPLOYEE GUIDELINES

A) Employees who test positive for Covid

Symptomatic (Mild to Moderate Illness) may return to work when:

- 1) At least 5 days have passed since symptoms first appeared,
And
- 2) At least 24 hours have passed since the last fever without the use of fever-reducing medications.
And
- 3) Symptoms (e.g-cough, shortness of breath) have improved.

Asymptomatic:

- 1) At least 5 days have passed since the date of their first positive viral test.

Mild Illness: Any of the various signs and symptoms of COVID 19 are present- fever, cough, sore throat, malaise, headache, and muscle pain.

Moderate Illness: Evidence of lower respiratory issues (shortness of breath, dyspnea, or abnormal chest imaging).

Severe to Critical Illness: Individuals who have respiratory frequency >30 breaths per minute, who have respiratory failure, septic shock, and/or multiple organ dysfunction, may be Hospitalized.

B) Employees with Exposure

If Not up to date with vaccinations:

- Employees may work as long as asymptomatic and wearing full PPE

If up-to-date with vaccinations or have recovered from Covid in the past 90 days:

- Employees may work as long as they are asymptomatic.

If a potentially exposed staff member develops symptoms, they may no longer work regardless of vaccination status

https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhcp%2Freturn-to-work.html

Website to find out county level:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

GUIDELINES FOR INDIVIDUALS

A) Individuals with Exposure

Individuals who are not up to date with vaccinations:

- Should be quarantined after their exposure for 5 days.
- Should monitor for symptoms, get tested, take masking precautions, and avoid travel until 10 days after exposure.

Individuals who are up to date with vaccinations:

- Do not need to quarantine unless they develop symptoms of COVID-19.
- Should monitor for symptoms for 10 days after exposure, and follow all mitigation precautions.
- It is still suggested that these individuals be tested following the exposure.

Individuals who have recovered from SARS-CoV-2 infection in the past 90 days:

- Do not need to quarantine.
- Should monitor for symptoms and take precautions until 10 days after the exposure.
- Should not be tested.

B) Individuals who test positive for Covid

Individuals who test positive for Covid 19 should isolate in a specified room or area and use a separate bathroom (if available). Individuals who have been presumed positive or confirmed positive for COVID-19 should stay home and **isolate themselves from others for at least 5 full days.**

PPE

-Supplies should be obtained from the closest PPE hub location. Submit a help desk ticket to the purchasing department indicating what PPE supplies were removed and from which location.

-All employees working directly with a covid positive individual must wear full PPE regardless of vaccination status. This includes the following: a respirator (N95 if fitted or KN95), eye protection, gloves, and gown.

-If staff are unable to wear a respirator due to a medical exemption, they must be reassigned so that they are not working in a home where a covid positive individual resides.

Website to find out county level:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

MITIGATION EFFORTS

All programs should continue daily mitigation efforts to reduce the spread of Covid and other viruses:

- Follow standard universal precautions--anytime staff may come into close contact with bodily fluids while assisting an individual, staff should don the necessary PPE (facemask or eye protection, disposable gloves, and a gown).
- Frequently disinfect high touch surface areas, equipment (ex: thermometers), bathrooms, etc.
- Staff and individuals should frequently perform hand washing and/or use hand sanitizer with at least 65% alcohol content.
- Disinfect transportation vehicles, both company vans and personal vehicles after each use for transportation.

SCREENING PROCEDURES (when applicable per Community Level Guidelines)

- Temperature screenings for individuals/families and/or visitors.
- Screening questions:
 - Does the person have COVID symptoms?
 - Have they been diagnosed with COVID-19 in the last 14 days?
 - Have they been in contact with anyone with COVID-19?
- Any visitor with a COVID diagnosis, fever, or other COVID-19 symptoms may not enter the home.
- Visitors may be asked their vaccination status in order to determine if masking is required. If individuals are present masking is required.
- Visitors should maintain physical distance (6ft or greater) and wear a mask to help reduce the spread of the virus regardless of vaccination status.

Website to find out county level:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>