



COMMUNITY
SERVICES GROUP

A Network of Services. A World of Possibilities.

Top 10 Ways a Care Manager Can Help You and Your Loved One

Eldercare Assessment & Resources

A Community Services Group Program

Taking care of a frail parent or an aging loved one can often feel like a full-time job. For family caregivers who have a job and other family members to tend to, or those who live at a distance, meeting all the needs of an older loved one can be a daunting task.

That's when a geriatric care manager (GCM) can be an immense help. When you engage a GCM, you can expect all of the following benefits:

- 1) Support - GCM's know the system and can walk you through it.
- 2) Peace of mind – GCM's help keep an eye on things when you cannot.
- 3) Fewer crises' – GCM's training allows them to foresee problems.
- 4) Loved ones can remain independent – GCM's assure proper care is given to maintain healthy functionality.
- 5) Save money in the long run – GCM's assure efficient use of resources.
- 6) Save time – The GCM will do the research, make all the calls, and set up services, so you don't have to.
- 7) Stay on top of changes – GCM's monitor changes so issues can be addressed immediately.
- 8) Assistance making tough decisions – GCM's provide information and guidance to assist you with important care decisions.
- 9) Communication between caregivers and professionals – GCM's stay connected to the professionals caring for your loved one to ensure that care is properly coordinated.
- 10) You'll have an ally to help keep peace – GCM's can mediate between family members and provide support to caregivers.

Geriatric care managers provide eldercare consultation to the caregivers of older adults to make sure that both the caregiver and the elder get the support and assistance they need. As a result, everyone benefits when a GCM is involved!

For more information on Geriatric Care Management services, contact Kelly Carney, PhD., CMC, at 484.895.3720 for a consultation.